

## STAGE 4

# The Journey Inward; The Wall

Faith feels like it's not working.  
In the quiet, without the excitement and confidence of our faith, God invites us to surrender control, our sense of self, our quest to avoid pain and our ideas of who he is to experience greater freedom in his love.

### *How you feel about God*

I'm not sure if God is there; I don't know if he can provide for me.


### *The Temptation*

To go back and start a new journey: find a new faith, a new religion or a new way of living to recapture the excitement of the first three stages.  
To sit at the wall forever: to keep on asking questions or require perfect integrity as a way to avoid the work of surrender.

### *The Response*

Acknowledge that the Journey Inward and the Wall is a normal part of the journey. You're not broken.  
Be in worship, take communion, be around prayers and reading, even if you struggle to do them yourselves.  
Find a trusted guide - a friend, minister or counsellor - to walk with you.





Have you experienced this stage of faith before? Are you in this stage now?

Do you have someone to walk with you? A close friend? A minister? A counsellor? Ideally, someone who has been through this stage before.

It might not feel like it, but God is with you before the wall. He's closer than he's ever been before. Closer than feeling or sight. His Spirit with yours.

*This series is based on "the Critical Journey", authored by Janet Hagberg and Robert Guelich.*

