

Recharge, refresh, reconnect

This spiritual retreat is an opportunity for you to take some necessary time out during the season of lent, to be still and rediscover the call of Christ on your life.

Whether you can afford the time for a whole weekend or just one day this retreat will cater to your need for space and reflection.

Situated near the beach between Middleton and Goolwa, this is a nice 2 storey residence within walking distance of Middleton surf beach with 8 single bedrooms, spacious lounge, dining area and patio operated by the Christian Brothers as a beach retreat centre. Treat your body and spirit to some much needed relaxation and guided reflection.

Churches of Christ Spiritual Director, Keith Ridge, will run the retreat over the weekend



How to get there...

22 Chapman Ave., Middleton

East of the Middleton township. From Middleton head towards Goolwa and turn right off the main road to Chapman street.

Lost? Call Mark on 0422 115 259

What to bring?

BYO linen and pillows

Toiletries, clothing appropriate for the beach, bible, personal journal

Creative expression (eg craft, art, etc)

Silence will be the norm except for light conversation at meal times



Cnr. Shepherds Hill Rd & Waite St
P.O. Box 476
Blackwood SA, 5051

Phone: 8278 8666

E-mail: office@blackwoodcc.org.au

BLACKWOOD CHURCH
OF CHRIST

*Encountering Christ
on the shores*

Spiritual Retreat

Middleton, SA

March 12th – 14th



Encountering Christ on the shores

Limitation—only 7 places available for residential retreat so get in quick

Residential retreat

Starts 6pm Friday March 12th

Concludes 3pm Sunday March 14th

Friday

Arrive between 6-7pm (own arrangements for dinner)

Session 1

7:30pm: introduction to the retreat

- entering a time of retreat
- Spiritual disciplines
- Silence and solitude

Communion

Prayer experience—meeting Jesus

Retire in own time

Saturday

8am self serve breakfast

8:45am 'day retreat' people arrive by this time

Session 2

9am Spiritual discipline—meditation upon scripture

9:30am Morning prayer experience: Encounter Jesus by the sea [1]—go for a walk
12:30pm—lunch

Session 3

1:30pm Spiritual disciplines—the inward journey: deepening our experience with the Lord

Limitation—only 12 spaces in total including residential and day visitors

2pm Afternoon prayer experience: Encountering Jesus by the sea [2] - go for a walk
2—5pm prayer guidance and support available by appointment with Keith or Mark

6pm—Dinner

7pm—Spiritual discipline: examen of consciousness

- Communion
- Retire or return home

Sunday

8am self serve breakfast

8:45am day retreat people arrive

Session 4

9am Spiritual discipline—the outward journey: participation in community

Morning prayer experience; Encountering Jesus by the sea [3] - prayer guidance and spiritual support offered by appointment with Keith

12:30pm—lunch

1:30pm group session: Being you!

2:30pm closing communion

3pm returning to the world

Retreat concludes

Registration form

Option	Price
<input type="checkbox"/> Full retreat inc 2 nights	\$75.00
<input type="checkbox"/> Saturday (inc meals only no accommodation)	\$25.00
<input type="checkbox"/> Saturday & Sunday (inc meals only no accommodation)	\$35.00

Total: _____

Name _____

Address _____

Phone _____

Method of Payment

- Cheque
 Cash
 Visa
 MasterCard

Credit Card # _____ Exp. date _____

Signature _____

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Do Justice, Love Mercy, Walk Humbly with God